

# HorizoNews

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www.horizon-house.com

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## Horizon House Security: Always On Call

One of the things many Horizon House residents like is that they feel safe and secure here on the property. And they should. The complex has a sophisticated, in-depth security operation.

Operations Manager Ken Boffalow, who oversees security as part of his duties, explains that the main objective of the department is loss prevention for "any kind of property loss and to remedy any problems that could become a legal issue for the corporation before they do."

This is done through a combination of central monitoring both in the

Security Office and in each individual building, as well as patrolling and monitoring the grounds and the operating structural systems of the buildings.



Ken Boffalow

The largest single component is the bank of computer screens in the Security Office that monitor the approximately 100

cameras with digital video recorders that are located both indoors and out. "The cameras record everything," Ken explains, "so we can see what is going on and we have it on video if we need to

*(Cont'd on Page 11)*

### In this issue...

1. Horizon House Security: Always on Call
1. Snowbirding or Traveling? Preparation is Key
2. Around the House
4. Events Committee Keeps 'em Coming
5. Special Feature: A Day in the Life of our Doormen
6. Resident News
6. The Need for Speed
7. Around Town
8. Louie Agnes: Our In-House Barber
9. Welcome New Residents
10. Have a Laugh!
12. HorizoNews is Looking for Good Writers
13. Classifieds

## Snowbirding or Traveling? Preparation is Key



Are you headed south or west for the cold months? Or are you planning shorter trips away from your apartment? If so, you need to make preparations to protect and secure your apartment. Many of the following suggested steps will also conserve energy, reduce fuel costs, and protect your electrical appliances.

### Conserve Energy

- Turn off all lights.
- Close all windows and doors securely.
- Draw shades, blinds and drapes.
- Unplug all appliances, except the refrigerator, including computers, alarm clocks, radios and

*(Cont'd on Page 11)*

## Around the House

### Garage Repairs Done... For Now

Make-safe repairs on the garages have been completed. This concludes Phase I of the garage remediation plan. Future work to deal with long-term structural issues, lighting and aesthetic updates are planned for 2017 and beyond.



*New gas metering equipment outside Building 2.*

### Gas Heat Installation On Track

Conversion of Horizon House's heating systems to natural gas is on schedule. The new energy-efficient gas boilers are slated to be put into service for this year's winter heating season. Should there be an unforeseen delay, our contract with the installation company includes a clause that it must provide temporary heating equipment to the affected buildings until the new system is fully operational throughout the complex.

### Building 4's Balcony Railings Installed

The east-facing terraces of Building 4 are now open after completion of the balcony railing installation project, which took place during the summer months.

#### HorizoNews

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## New BBQ Grills a Hit

In addition to the pools, tennis courts, basketball court, playgrounds, and landscaped grounds that provide summer pleasure to Horizon House residents, the BBQ grills have been a greatly successful



new amenity. Located in the "mini forest" north of the tennis courts and playground, they have been widely used for family gatherings, kiddie parties, and friendly dinners.

The grills are available throughout the fall depending on the weather. Call 201-886-3205 to make a reservation. The hours of operation are 11:30 am to 8:30 pm. More detailed instructions are posted at the site.

In his effort to enhance the outdoor space on our 30-acre campus, General Manager Michael Denker put the BBQ grills at the top of his list, using the

park-like setting already in existence. For Horizon House's modest investment of about \$2,000, residents have been enjoying cook-outs all summer.

Having these amenities is like living in a mini-mansion, but without having to clean the pool or mow the lawn.

## Horizon House Remembers

Fifteen years ago, Horizon House lost one of its own at the World Trade Center. Long-time residents Evie and George Reisman lost their son Frank, who worked in one of the towers. He had lived with his parents at Horizon House from the age of nine until he married. A garden in front of Building 5 is dedicated to all those who perished in the World Trade Center attack.



The memorial garden is marked by a plaque that reads: "This garden was planted on the morning of September 11, 2001. It is now dedicated as a memorial to those who lost their lives that day."



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## Events Committee Keeps 'em Coming

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You like to argue politics? Play games? Watch a movie? Hear about new cooking techniques? It's all here and even more this fall. The Events Committee has been busy and we residents are reaping the benefits.

A new activity started this summer is Games Night. Residents come to the Community Room on a designated date each month to find others who'll join them in their favorite game whether it's cards, scrabble, chess or backgammon.

The Hot Topics discussion evenings (most of them political these days) returned this month after a brief summer hiatus. On a given evening this past month you could hear all about gourmet cooking or redecorating as well as have a chance to meet a celebrated author. Free refreshments are always served.

And of course many of us remember the fun we had at the hugely successful Goodbye to Summer pizza party (170 attended) held in late August at the South Pool, co-sponsored by both the Events and Pool Committees.

Ilene Singh, Events Committee chair, says that although the 7-member Committee is actively booking its fall schedule during monthly meetings when everyone brings their ideas to brainstorm, it welcomes anyone who would like to join.

"Especially young members," she says. "We know there are a lot of young parents with children and we'd like to look into activities geared for the young generation, too."

The October lineup will feature Tom Meyers, director of the Fort Lee Film Commission, who will talk about Fort Lee's new film museum and screening room, which is slated to open next year. Another program will feature a documentary called Deli Man, whose subject is trying to raise the level of Jewish cuisine in Texas. This program may be introduced by our own Freddy Roman. Other interesting evenings are evolving as we go to press. A calendar of events is available in all mailrooms. And with the myriad activities being planned, it'll become a lot easier for us to socialize and get to know each other apart from just saying 'hi' on the elevator!

*Horizon House residents and guests shakin' it up at the Goodbye to Summer pizza party.*



## Special Feature: A Day in the Life of Our Doormen

We can't do without them. They're with us 24/7. But what do our doormen have to say about their jobs? *HorizoNews* recently asked one from each of the three shifts.



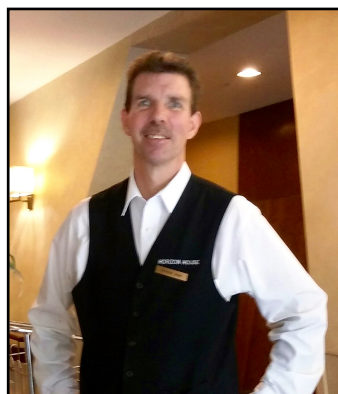
**Robert Curnyn**

"Good to have you back," says a resident, as he greets Robert Curnyn in Building 3. He has just returned from a week's vacation and hasn't missed a beat

as he opens a door, accepts packages and helps another resident with her groceries out in the parking lot. It means a lot, Curnyn says, when you know people miss you, and he grins from ear to ear. It's obvious that Curnyn's gentle ways are a big hit with his "family" of residents, their extended families and friends, all of whom he seems to know.

Before coming to Horizon House, Curnyn worked as a doorman at a Central Park West building where Woody Allen as well as other celebrities lived. The pay was higher and the tips were better, but a move to Fairview with his family necessitated a change and he's been working here ever since.

He has been friends with fellow doorman Pat Hook (7:30 am - 3:30 pm) in Building 4 for many years. Both grew up in the Bronx, are in their late 40s and have been here for 22 years. Like Curnyn, Hook says he knows all his residents by name, as well as everyone's stories. "I'm not surprised by too

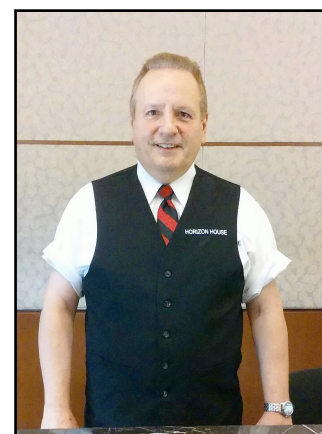


**Pat Hook**

much," Hook adds. "As far as qualities you need to do this job, well, you have to be fast on your feet, good with names, and able to multi-task. I like it much better when it's lively here; it just makes the time go by so much quicker."

Any complaints? "You know what the worst part about my job is? It's all the packages," the doorman says. "Every year the volume increases because of Amazon and other online services. Some are just too heavy. Then there are all the returns. And the storage room doesn't get any bigger so more and more have to be squeezed in."

But to be a doorman on the graveyard shift, like Robert Fabre of Building 6 is from 11:30 - 7:30, is to be the loneliest man in town. Fabre is the first to admit it.



**Robert Fabre**

"Night guys are the forgotten guys in the background," he says. "Maybe someone's parked in somebody else's space and that's the big excitement. We see the younger set up until 2 or 3 am and then it's totally quiet until the newspapers come and a few of our younger residents start waking up to go to work or to the gym."

Fabre started his career as an accountant but segued into doorman work when the economy wasn't doing well and he had trouble getting jobs. Avidly studying Japanese, he found he could go to classes and also take up karate when he was off duty. (He earned a black belt.) "But time passes and," Fabre says, "it's getting harder to sleep during the day now that I'm reaching my mid 50s. I used to be a black belt, but now I'm lucky if I can get a belt on anymore," the doorman says laughing.

*Photos courtesy of Linda Lynwander*

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## Resident News

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Horizon House resident Paige Soltano has been elected a committee person for the Democratic party. "It makes me one of many who encourage people to vote for Democratic candidates who are up for election," she explains. Paige is no stranger to community involvement. She is president of the Fort Lee Public Library Trustees. It's an active community-service family. Her husband David Sarnoff is president of the Fort Lee Board of Education.

Composer Margarita Zeleniaia has had an active summer. The United States premiere

of her work "I Believe" was given at Christ & St. Stephen's Church on the Upper West Side of Manhattan. A prayer for violin solo and string orchestra, the work is based on three melodies derived from the Jewish, Russian, and American gospel liturgical traditions. It can be heard on YouTube. Her "Fantasy for Four Pianos on Rimski-Korsakov's Scheherazade" can now be heard on the Global Music Awards site (<http://www.globalmusicawards.com/profilesusanmerdinger.html>). The 19-minute work was given its world premiere by the four piano Pianissimo! Ensemble, which has also commissioned her to write a piece.

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## The Need for Speed

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Are you getting all the Internet speed you think you deserve? As part of Horizon House's bulk cable arrangement with Time Warner, your download speed should be at least 100 Mbps (megabits per second). If you would like to check the speed of your Internet connection, here are a couple of ways to do that.

From a desktop or laptop computer, you can initiate a test using Time Warner's speed testing tool at:

[www.timewarnercable.com/en/support/speed-test.html](http://www.timewarnercable.com/en/support/speed-test.html)

Just scroll down to the words "Begin Test" and click there.

From a tablet or smart phone, you can download the free Ookla Speedtest app from

Apple for iPhones and iPads or Google Play for Android devices.

Before you run the test, make sure your wireless device is logged on to "5G" Wi-Fi (as opposed to "2.4G") for the fastest speed. (The new Time Warner cable modem boxes provide both 5G and 2.4G Wi-Fi networks.)

If your Internet speed is not up to snuff, there could be an issue with your wiring or equipment. Contact Time Warner's Customer Care line at 844-528-3792 to report any issues. Specify that you are a Horizon House resident and should be getting a download speed of 100 Mbps as part of our bulk package of services, which includes "Ultimate 100" internet.





## Around Town

### Fort Lee's Upscale Movie Theater Debuts

Fort Lee has a new movie theater. The iPic chain has opened an eight-screen multiplex in the Hudson Lights complex, just a block away from the George Washington Bridge.

The movie lineup includes first-run films of all types and is updated on a weekly basis. Screening rooms range in size from 38 seats to over 100. The theater boasts a variety of luxurious seating options as well as at-your-seat food service in certain areas. The menu includes items like Thai coconut shrimp for \$15, pizzas starting at \$14, and truffle fries for \$9. Popcorn is available in one size only and costs \$6, free refills included. A wide variety of drinks is also on offer, including beer



*The iPic Theater is decorated with a variety of movie-related artwork.*

and cocktails. Orders can be placed and picked up at the food service counter if your seat is in an area that does not include waiter service.

Movie pricing varies from \$12 to \$25 depending on the day of the week and type of seat you select. Premium Plus recliner seats, the most expensive type, include a pillow, blanket, and free popcorn. Movie reservations can be made in advance at: [www.ipictheaters.com](http://www.ipictheaters.com) or with the iPic smartphone app.

A gourmet restaurant, City Perch, is attached to the theater. Its menu can be viewed at [www.cityperch.com](http://www.cityperch.com). The entrance to the iPic theater and City Perch is via Fort Lee's newly-minted Hudson Street. The manager told *HorizoNews* that the theater and restaurant have hired about 300 people, mostly local.

Parking is available at the new Hudson Lights garage. The entrance is from Park Avenue (formerly Martha Washington). Parking is currently free, but paid parking is expected to be instituted sometime this fall. Ninety minutes of parking will still be free and three hours will cost \$4.

### New Restaurants and Shops are Popping Up All Over

With the addition of many new residents to the already diverse population of Fort Lee, a large number of new ethnic restaurants have been added to the already well-established American, Chinese, Korean, Japanese and Italian eateries. The first ever Fort Lee Restaurant Week, September 22-25, will provide the opportunity to sample multiple cuisines not typically available in Fort Lee, including Cuban (Babalu 302 Main St.); Vietnamese (Bistro Du Saigon 168 Main St., Saigon Kitchen 2024 Center Ave.); Thai (Aura Thai Kitchen 210 Main St.); and Turkish (Turkuaz 1550

*(Cont'd on Page 8)*

*(Cont'd from Page 7)*

Palisade Ave.). Many participating restaurants will offer three course prix fixe meals from \$15 to \$25 during Restaurant Week.

Hudson Lights, part of the new downtown development, reports that the retail space is over 75% leased to a variety of businesses and services. Cycle Bar, part of a chain of indoor cycling facilities, has signed a lease in Hudson Lights as has SeeSaw, a high-end women's clothing store. Capital One Bank and CVS have already opened. Other new and often unique businesses are set to open as well.

At our end of town, the long vacant restaurant on Palisade Avenue just beside our campus has been torn down to make room for a day care center.

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## Louie Agnes: Our In-House Barber

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From the time he was 11 years old and growing up in Paterson, Louie Agnes knew what he wanted to be: a barber. "I'd go with my dad to get our hair cut and I'd just love to be in that atmosphere," Louie says reminiscing one recent afternoon as he waited for his next customer.

He's been in Building 6 for more than 35 years, and even after all these years he still loves what he does.

"Guys come in and they don't have to tell me what to do; I know what to do," he says. "I never make them wait a half hour or an hour for an appointment. I know all about their families and they know about mine. We tell each other jokes — sometimes the same jokes. I've been to a lot of Bar Mitzvahs and weddings. My youngest customers are little kids and my oldest customer is 102 and still going strong. I've looked after three generations. People tell me a lot of things, even some things I didn't need to know."



*Louie Agnes in his Building 6 barber shop.*

A wiry, peppy man, Louie is in constant motion, jumping up continuously to answer his phone and speak delightedly to callers trying to set up appointments. His walls are decorated with movie (Goodfellas, Godfather, Rat Pack) and sports posters and 8 x 10 glossies of celebrity former customers like Eubie Brown, Steve Albert, Dick Capri and Frank Vincent, all of whom used to live at

*(Cont'd on next page)*



(Cont'd from Page 8)

Horizon House. The family's dog, a shih tzu named Fiori, is on the wall as well.

The barber says that most men wear their hair short these days, and surprisingly there can be quite a difference in even a buzz cut.

"We'll be out to dinner and I'll say to my wife Maria, 'See that man? That's a \$10 cut.'" Louie explains, "You can go to a franchise and if you're lucky you'll get a good cut for that price but some of these are barbers just out of school and they really don't know too much about what they're doing. There's a technique even if a man's hair is getting thin on top."

Louie started his career at Horizon House under the tutelage of a more experienced barber but left when a position opened at Mediterranean West. When his mentor retired from Building 6 a few years later, he decided to take the plunge and buy the business. He's been tending to the male heads at Horizon

House as well as outside customers (about 50% actually come from Fort Lee and surrounding towns) ever since.

It's not all fun and games being a barber, though, and Louie is the first to admit it. He shows his hands, which are chapped and cracked due to the chemicals he has to use and the constant washing of hair. At 62, standing on his feet isn't easy and sometimes Louie goes home with legs and arms aching. Then there's all that traffic most days as he drives from his home in Hawthorne and threads his way along Route 4 into Fort Lee at the busiest times of day. But lucky for us, Louie has no intention of quitting his post anytime soon. "I've just made too many friends here," the barber says smiling. "When people leave my shop, I don't only want them to look good, I want them to look good, feel good, and have a smile on their face. That's how I know I've done my job to the best of my ability."

### **Welcome New Residents**

Since the June issue of *HorizoNews* was published, 14 new residents who have become part of our community have given permission to include their names in *HorizoNews*. Please join us in welcoming them.

Building 2: Marcelino and Annabelle Rivera

Building 3: Philip and Dawn Kilkenny, Boris and Alesya Gershteyn, Goran and Svetlana Brajdic

Building 4: Ethan and Risha Alter

Building 5: Angie Marcus, Richard Singer, Penny Oranburg

Building 6: Aleksandr Klimov

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## Have a Laugh!

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*By The Unknown Columnist*

*"It's not easy being funny all the time. Unless you're me." That's what my good friend Anonymous used to say. He was so funny, in fact, that his columns for HorizoNews were always met with great hilarity in the community. Well, almost always. In any case, it is well known that he had a particular fondness for puns. Some will make you laugh, some will make you groan, some will give you a terrible pain deep in the belly. Here's a batch to chew on. Don't get indigestion!*



### A Baker's Dozen Puns to Ponder

- 🍪 When two egotists clash, it's an I for an I.
- 🍪 Bakers share recipes on a knead-to-know basis.
- 🍪 Long lines at the donut shop cause wait gain.
- 🍪 Dijon Vu. The same mustard as before.
- 🍪 The lost herd of cattle had steered in the wrong direction.
- 🍪 Cuts heal faster when covered. It's gauze and effect.
- 🍪 Time flies like an arrow. Fruit flies like a banana.
- 🍪 Reading while sun bathing makes you well-red.
- 🍪 A hangover is the wrath of grapes.
- 🍪 The man who fell into an upholstery machine is now fully recovered.
- 🍪 The skinny rock group's Internet was slow. They didn't have enough bandwidth.
- 🍪 Local Area Network in Australia — the LAN down under.
- 🍪 Does the name Pavlov ring a bell?



### ***Horizon House Security: Always on Call (Cont'd from Page 1)***

rewind and play anything back." A member of the security staff monitors the cameras 24 hours a day, seven days a week. "The system consists of 6 monitors that have 16 screens, and two other monitors that have miscellaneous cameras," Ken adds.

The doormen are a pivotal part of security, Ken points out. "They monitor guests and contractors coming and going out of their building and they can also monitor the cameras that pertain to their specific buildings," he explains.

Another aspect of the security system is the 24-hour outside patrol guards who go around the property in the security car or golf cart. "They monitor the parking lots and the basements and check with the doormen to see if they have anything to report. While on their rounds, they also check the property to see if there is anything that could be hazardous and report that to Management," states Ken.

Security also takes all calls when the Management Office is closed, keeps records of everything that happens on the property, assists residents when they get locked out of their apartments, transports the elderly and disabled to and from buildings and amenity areas, and monitors and manages appointments for the BBQs and the tennis courts.

Inside the buildings, Security monitors the fire alarm systems, which are designed to send an alert if there is any problem such as a low battery or a malfunctioning speaker box. Security also monitors and keeps records for anything that malfunctions on the property, such as the garage doors, fobs, etc., and it

reports outdoor lighting that has gone out and needs bulb replacement. It also tests the emergency lighting systems in the buildings' stairwells.

All this allows residents to enjoy the property feeling safe and secure, and to feel confident that all the systems in their building will be functioning properly.



### ***Snowbirding or Traveling? Preparation is Key (Cont'd from Page 1)***

televisions. Turn the refrigerator's control to a more moderate setting.

- If you have thermostatic heat controls, set them at 60 degrees.
- If you have non-thermostatic controls, reduce heating units to minimum setting.
- Make sure all faucets and gas jets are off.

#### **Security Measures**

- Be sure Security has a set of keys. The co-op rules mandate this. Failure to leave keys with Security could require breaking down your door, at your expense, should that be necessary in an emergency. Keys are stored in a very secure manner.
- Leave an address and phone number where you can be reached with Security.
- Also give Security the names of people who have permission to enter and/or stay in your apartment in your absence by filling out and returning a Key Release form.
- Give Security the name and phone number of a friend, neighbor or relative who can be contacted locally in case of an emergency.
- Notify your doorman if anyone will be entering your apartment while you are gone.

*(Cont'd on next page)*



(Cont'd from Page 11)

- Alert Security if someone will be using your parking space.
- Remove everything from any open terrace and lock the terrace door from the inside.
- Do not broadcast your plans to be away on social media. Many, many people have access to this information.

#### Household Care

- Throw away perishables to prevent spoilage and insects.
- Empty garbage pails.

- Discuss with the mail carrier and your doorman how to handle mail and other deliveries.
- Discontinue newspaper delivery or have it changed to where you will be staying away from home.
- Be sure to put fresh batteries in your smoke detectors to prevent beeping while you are away.

Once all these steps have been taken, you are ready to go. Relax and enjoy your time away from Horizon House.

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## HorizoNews is Looking for Good Writers

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If you would like to volunteer your time (4 to 5 hours, 4 times a year) and join the staff of the newsletter to write articles, please drop a note addressed to *HorizoNews* Editors at the Building 5 Management Office.

Writing for *HorizoNews* is a great way to give back to our community.

With this issue we would like to welcome Linda Lynwander to the HN staff. She recently moved to Horizon House and is a voice actor as well as a writer.

### Write to Us

*HorizoNews provides residents with a forum to express their thoughts about life in and around Horizon House.*

- *We encourage letters that provide an exchange of ideas about issues of importance in the Horizon House community.*
- *Letters to the editors (300 words or less, please) should be dropped off at the Building 5 Management Office, Attention: HorizoNews Letters.*

*Letters for the next issue should be received by November 18, 2016.*

## Classifieds

### Services

**Affordable Science Tutor** - 26 years experience in private tutoring for all levels from middle school to college level. Please contact me @ 201-400-9814.

**Air Conditioning Enclosures** -- I am an Artist/Craftsman who designs and builds custom AC enclosures. They are painted or stained to match your interior. Additional services include painting, molding installation and decorative faux finishes such as Sponging, Stenciling and Antiquing, Paint techniques can be applied to your walls, furniture, etc. I build custom furniture and built-ins such as bookcases and cabinets. I restore, refinish and repair antiques and furniture. Other services are available. Call Charles for a free estimate or to see samples of our work. 917-783-9820.

**Auto Repairs** - import and domestic vehicles. From oil changes to state inspections - we do everything. As a mechanic who lives in the Horizon House complex I can take your car to work with me and bring it back home. You don't have to leave your apt! Since we are neighbors you will also receive 10% OFF on any work. Please call Axel at 201-245-0282.

**Can you help out a neighbor?** Very sweet, independent elderly lady residing in Building 3 is looking for someone to help her get dinner on the table during Sat/Sun around 5:30pm. Hours are flexible. Please call her daughter - 201-768-3988.

**Certified Home Healthcare Aide** - recently certified by Freedom Home Healthcare. Looking for full-time or part-time work, preferably on Horizon House premises. I live in Bldg #6. Hours are flexible. Also have past work experience and references are available upon request. Please call Rosa @ 201-224-4468.

**Certified Kitchen and Interior Designer - "Time for a New Look"** Create a fresh, updated space with the help of a Nationally Certified Kitchen and Interior Designer. Reasonable hourly consultations available for space planning, furniture layouts, paint and product selection, reducing clutter and overseeing installation for your Kitchen, Bath, or Interior Project. Designer discounts passed on to clients. Please call Susan Shaub NCIDQ CKD at 201-224-4502.

**Composition, Piano, Improvisation, Theory Lessons** - Live the Music! Every lesson is an exciting experience. Individual approach and careful choice of

direction in regards to every student. The lessons are always productive, and inspire the students to study on their own. It does not matter whether the student wants to be a musician or study for pleasure and cultural development. I invariably succeed in bringing the very best out of every single person I set my heart on instructing. Please contact Margarita Zelenia 201-496-6451 mzelenia@nj.rr.com

**Computer Service** - Need Help? I can install operating systems, set up wireless networks, instruct on Microsoft Office tools for email and web browsing. Please call Simon @ 201-615-8860.

**Free Carpool Ride** - I am looking for passengers to ride for FREE across the GWB in the mornings Mon-Fri. I can drop off at the GWB Bus Station. Departure time is around 7:15 am. Please email me at CH07024@gmail.com or call 917-652-8073.

**Freelance Graphic Designer** - Need a logo, ad, newsletter, brochure, direct mail or marketing material to promote your business? HH resident looking to solve your marketing, promotion, packaging or print needs in a creative, professional and eye-catching manner. Over 20 yrs experience in creative development of promotions, marketing material and packaged goods. Project development from initial concepts through photography, final art and print production. Call today for a free estimate and upgrade your business graphics 914-954-8008.

**Get Your Gold Out....** Turn scrap unused and broken jewelry into cash today. Horizon resident owner has worked in the jewelry business for 30 years. I can top every price on the market. Call 201-314-4711.

**Global Visions Travel** - Customized travel experiences for individuals and groups designed by knowledgeable and experienced travel professional. Think about a Safari in East or South Africa, River Cruises in Europe, the Galapagos or Amazon. Explore China, Vietnam, Thailand or Myanmar. Family celebrations worldwide. Bar/Bat Mitzvah Tours to Israel. Getaways to Italy, France, Morocco and much more. The world is waiting. Licensed Travel Insurance Specialist. Call or email for a personal appointment: globalvisionstravel@aol.com or 201-282-4434.

**Home Improvements** — Arthur Esposito, President of A.C.E. General Contracting, has lived in Horizon

House for 32 years. He and his team of talented and dependable craftspeople have worked in over 400 Horizon House apartments, handling projects involving electrical, plumbing, painting, kitchen and bathroom, tiling, wood flooring and more. His company is state certified and fully insured to meet Horizon House's high standards. To see a prime example of his work, visit Building 5's lobby — A.C.E. did it! For a free and reasonable estimate, contact Arthur: 201-224-6333 (O), 201-650-4693 (cell), espo924@verizon.net (email)

**Horizon Deli** in Building 6 offers a wide variety of fresh food and household items. A great place for breakfast, lunch or a snack. Eat in or take out. Try our weekend special: 1/2 dozen bagels, 1/2 lb. cream cheese, 1/4 lb. lox -- all for just \$15.99! Call (201) 886-8882 for free delivery, no minimum required.

**Horizon North Haircutters** — Louis is starting his 17th year in the complex. He thanks his loyal customers for their continued support, and looks forward to new ones. We also offer a full line of quality hair products. Hours: 8:00 am to 5:00 pm Tuesdays-Saturdays. Call or drop by to make your appointment. 201-886-7377, in the Lobby Level of Bldg. #6.

**Horizons Classic Physique** — Fully equipped and conveniently located in Building 5. We cater to all age groups from pre-teen to seniors with all types of medical conditions. In addition to one-on-one training we now offer couples training and half hour sessions for the budget conscious. As always all trainers are degreed and or certified with more than 17 years of training experience. We also have an in house nutritionist /dietician by appointment. For a free consultation contact Michael Esposito at 201-886-9371 to discuss all of your needs.

**Legal Services** — Attorney admitted in NY and NJ, 30 years of practice serving individuals & small businesses; wills, POAs, health care directives (living wills), leases, contracts, entity formation; document drafting & review; available for consultations in your home or by phone; Melinda B. Maidens, Esq.; (201) 321-8166 or gindigar@gmail.com.

**Math Tutor** — Horizon House resident with many years teaching experience in Bergen County schools, including Fort Lee High School, as well as many years tutoring experience for middle and high school mathematics and SAT math prep. New Jersey State certified. Reasonable rates. Call 201-224-7178.

**Piano Lessons** - Experienced educator and composer who has an original fun approach suitable for all ages and abilities. Free introductory lesson.

Please call George Eckhardt @ 551-265-0102 or 201-969-9593.

**Speech Therapy** - Home visits for children and adults. HH resident NJ licensed speech therapist. Follow-up on early intervention, pre-school, school programs and adults. Please call Phyllis at 201-224-4434.

**Tailoring Services** - Horizon House resident with 30 years of experience in tailoring for ladies and gents. Please call 201-224-5822.

**Tax Preparer - Individual and Corporate Taxes** - Designated as a Registered Tax Return Preparer by the IRS. Tax returns expertly prepared by professional accountant with many years of satisfied clients. Free consultation at your home with no obligation. Your tax is my business. Please call Norman: 201-280-3074 or 201-282-4434, email: nh630@aol.com

**Wanted: Caregiver/ Companion** - Pleasant, organized and reliable companion needed for sweet, easy-going, self-sufficient HH senior. Must have car and references. Hours are flexible. Please call 201-768-3988.

### Real Estate

*(Please Note: Ads for Horizon House sublets will not be accepted unless the owner has obtained written approval for the sublet from the Management Office)*

**For Sale: 2 Horizon-** Studio Apartment #617-has separate bedroom. Please call 201-867-1699 or cell 201-736-1364 or cell 201-282-8440.\*\*

**For Sale: 2 Horizon** - 1BR / 1 BA beautiful duplex apartment; high floor with spectacular views Both east and west. Please call 917-364-8120. \*\*

**For Sale: 2 Horizon-** 2 BR/2BA duplex; high floor; beautiful view. Being offered with furniture, Steinway Baby Grand Piano and many extras. Call owner 201-224-2929.\*\*

**For Sale: 5 Horizon-** Large 1BR/ 1 1/2 BA Sunny South view facing New York and the Hudson. Completely renovated with an open kitchen, Silestone counter tops, Kohler fixtures throughout the Apartment, Maple Floors, Separate dining room, very large living room, white marble top on master bathroom vanity. Please call 201-224-4502 or 917-494-9853.\*



**For Sale or Rent: 5 Horizon-**Seldom on the market this 2 BR/ 2.5 BA is completely updated with year round finished terrace (windows and screens). Crown moldings throughout, new floors, California closets plus walk-ins with built in dresser. Great south and east views of downtown and GW Bridge from corner of the building. Prime garage parking. Storeroom. Ready for occupancy at your convenience. Call 201-336-2120.\*

**For Sale: Timeshare Contract** -All Melia hotels in Mexico, Dominican Rep. etc. 1 week every other year. All taxes & service charges included. Accommodates up to 4 people. Contract purchased in 2011 (valid for 50 years ) selling at a very very reasonable price. Please call Anna at 201-699-0723 \*\*

### Goods

**Piano for Sale:** "Howard made for Baldwin" Baby Grand (5 ft) piano. Ebony with ivory keys in great condition. Asking \$5000 or best offer. Please call Karen @ 917-913-8716.\*\*

**Professional Orion 90AZ telescope for sale-** wonderful for viewing stars, moon, planet. Includes tripod, eyepieces, finder scope. \$60 or best offer. Call 201-224-5452.\*

**Reproduction Oil Paintings FOR SALE (2):** 1."Winter Scene In New Haven Connecticut" - Artist: George Henry Durrie. 30" x 25" approx. Oil on canvas, framed; 2."Spring Flowers On Cart Pulled By Horse" - Artist Edward Lamson Henry 1916. 41" x 31" approx. Oil on canvas, framed. Photos available - Call (201)-224-7160.\*

**Side Tables for sale:** Matching set of 2 in excellent condition. Mosaic design – fits in any decor. Please call for photo or can be seen any evening. \$50.00 for the set. Please call 201-755-6751.\*\*

**Watches: Buy, Sell, Trade!** Neighborhood watch expert. Will buy watches; old and new. Feel free to email pictures or give Ian a call. prominentwatch@gmail.com (862) 899-TIME(8463) \*\*

### Community Blogs

**CHAIR YOGA AT HORIZON HOUSE GOOD FOR EVERYONE!!** No getting up and down on yoga mats!! Come and try a great new class being offered to all residents. Stretch, breathe, and relax all while sitting in a chair. Strengthen and balance out of the chair and use

the chair for support. **Fun group.** Mondays @ 9 am. Wednesdays @ 9:15 am. All classes \$10. Building 5 Community Room. Sign up in Management Office.

**Dear Horizon Friends.** My book "Liberal Theology" was just published. The e-book version, costing \$0.99, is available at amazon.com The free online version is available at: <http://pages.csam.montclair.edu/~kowalski/LIBERAL9.htm>. Please share this link with other potential readers. Would be interested in any feedback and I would be happy to discuss the book, in small groups or at meetings, if invited. [kowalskiL@mail.montclair.edu](mailto:kowalskiL@mail.montclair.edu)

**Do you have hearing problems?** My recently composed essay, about relatively inexpensive PSAs (Personal Sound Amplifiers) is at: <http://pages.csam.montclair.edu/~kowalski/aps.edu> Feel free to share this link with those that might be interested. The PDF file with my essay will be emailed to those who request it. [KowalskiL@mail.montclair.edu](mailto:kowalskiL@mail.montclair.edu)

**Looking for a Mahjong Game.** Please call Lucille @ 917-547-8580.

**Looking for a Poker Game.** Would be interested in playing as a regular or alternate. Please call Joel @ 201-886-1066.

**Want to be part of our Horizon House monthly HOT TOPICS IN THE NEWS GROUP?** We meet the 3rd Weds of each month in our Community Room, Bldg 5 at 7:30 PM. Charlie Kolber is a resident and our volunteer Moderator. This is sponsored by the Horizon House Events Committee and refreshments are served. Drop by for one or more evenings as we share our knowledge and opinions in a neighborly fashion.

**Want to Form a Knitting Circle?** Can you crochet or knit? Would you be willing to teach others? The Events Committee would like to help organize a knitting group so if you are interested in leading it or participating in it, email [ilenewithi@yahoo.com](mailto:ilenewithi@yahoo.com) and indicate your level of proficiency. Beginners will be welcomed.

**WANTED: REPORTERS for HORIZONEWS** - Takes minimum time. Provides fun and satisfaction. Need not be great writer. Requires ability to write simple, concise sentences. Send an email to [horizonews.editors@nj.rr.com](mailto:horizonews.editors@nj.rr.com) or call the Management Office (201-224-6300) and tell them you are interested and we'll get in touch with you.

**To Horizon House Music Lovers** - Please check out the new posts by Margarita Zelenai, resident Horizon House composer and concert pianist, on her website: <http://www.margaritazelenai.com/music/video-gallery/> Scroll down to "The Lion that Couldn't Roar", an exciting music fairy tale for children and the "Fantasy" on Rimsky-Korsakov's "Scheherazade" written for Four Pianos that continues the tradition of Russian romanticism, a music style that changed the world. An intrigued listener, on one hand, can recognize the familiar melodies, but, on the other hand, to feel an unusual sound of the highly virtuosic Piano orchestra, with all possible nuances. In 2015, it was commissioned and premiered by the "Pianissimo!" Four pianos Chicago based ensemble.

**To All Horizon House Contributors to the Building 5 Library** -- The Library Committee thanks all who donate books to our library. To help us make the library more effective, please:

1. Place all contributions and returned books on the library cart, NOT on the shelves.
2. Limit donations of nonfiction soft covered books to those published in the last 10 years. Limit donations of hard covered fiction books to those published in the last 20 years. Dates can be found on back of title page.
3. NOTE THAT WE DO NOT ACCEPT COOKBOOKS, SELF-HELP BOOKS, BOOKS ON RELIGION, BOOKS IN BAD REPAIR, SCHOOL TEXTBOOKS, OR TRAVEL AND GUIDE BOOKS.

Ads and letters for the December issue should be submitted no later than November 18, 2016. Ads and letters of 300 words or less should be left at the Building 5 Management Office in envelopes addressed either to *HorizoNews* Classifieds or *HorizoNews* Letters as appropriate.

*Ads must meet the following criteria:*

- *Ads must be 85 words or less.*
- *If commercial goods and/or services are offered, the advertiser's primary place of business must be within the Horizon House complex.*
- *Ads must be accompanied by the **advertiser's full name, building, apartment, and telephone number.** This information is needed by the *HorizoNews* staff for verification purposes and will not appear in the ad except at the advertiser's request.*
- *Upon acceptance, ads for "Services" and "Community Blogs" will appear indefinitely unless cancelled in writing.*
- *Upon acceptance, ads for "Goods" and "Real Estate" will appear for two issues unless renewed or cancelled in writing. First-issue ads will appear with a single asterisk; second-issue ads, with two asterisks.*

Classified ads in *HorizoNews* are provided as a service to the community and are limited to services and goods provided TO Horizon House residents BY residents or commercial tenants in good standing in Horizon House.